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Actionable Climate Tips

What can one person do about global warming I hear you say?

A lot, actually! There are small but almighty ways to reduce your carbon footprint.

For example,

MEAT FREE MONDAYS

Try to eat a plant-based meal once a week.

GREEN TRAVEL

Maybe try using public transport or cycle for one journey a week instead of using the car. Or maybe walk – if you are able.

LITTER PICK

Once a week pick up the litter from your street or some of your street, make sure you wear gloves, be careful of broken glass (use a dustpan and brush) and do not pick up needles or syringes (contact your local council so they can collect them correctly)



Recycling soft plastics

If it has this logo bag you can take it to your local larger supermarket examples are Bread Bags, Fruit and vegetable bags, Crisp packets, Salad bags.

They usually have a battery bin for your used batteries as well.

Tablet Packets

You can also take your used tablet packets to Superdrug in Stockport (the one near the PLAZA).



These tips aren't just good on paper; they can be real-life game changers!

What you can and can't recycle in your bins in Stockport

BLUE BIN

YES TO Newspapers, magazines, junk mail, catalogues, envelopes, shredded paper, wrapping paper, all types of cardboard, telephone directories including yellow pages, greeting cards, cardboard milk, juice and drink cartons, books

NO TO *plastic or foil wrapping paper, cards or wrapping paper with glitter*

BROWN BIN

YES TO glass bottles, glass jars, food tins, drinks cans, empty aerosols, plastic bottles, plastic milk containers, aluminium foil and foil trays, plastic pots (such as yoghurt, soup and hair gel containers), plastic tubs (such as margarine, chocolate and laundry powder containers), plastic trays (such as containers for cooked or raw meat, and fruit and veg punnets)

Please make sure all recyclable containers are empty and have been cleaned.

NO TO *lids from bottles and jars: remove them and put them in your **black bin** as they cannot be recycled.*

*Plastic film, plastic bags and crisp packets: put them in your **black bin** as they cannot be recycled Or if you can take them to your large supermarket.*

GREEN BIN

Yes to fruit or vegetable peelings, bread and cakes, tea bags and coffee grounds, scrapings from your plate, eggs and dairy products for example cheese, meat including bones, fish, cut flowers, garden waste, twigs and sticks that aren't thicker than your wrist

NO TO *branches larger than 10cm/4 inches in diameter or thicker than your wrist, soil.*

Hope this helps. Taken from www.stockport.gov.uk/what-you-can-put-in-your-bins/