



December 2024 – January 2025

Rather than a Christmas present this year why not ask for the money to be donated to a charity – here's some ideas.....

SOME LOCAL CHARITIES



Stockport & District Mind - are an independent mental health charity offering friendly, accessible support & information to promote mental health & wellbeing in Stockport and adjacent areas. www.stockportmind.org.uk



Stockport Foodbank operates from 8 centres across the town at partner Church locations, cafes and Community Centres and are able to provide access to emergency food parcels 6 days a week. www.stockport.foodbank.org.uk



St Ann's Hospice aim to meet the unique physical, emotional, social and spiritual needs of those with a life-limiting illness, and to help maintain their dignity. They provide specialist palliative care for people with cancer and non-cancer life-limiting illnesses, at all stages of their illness. www.sah.org.uk



The Wellspring supports the people of Stockport that are homeless or at risk of losing their home. They provide the resources, understanding, and care that people need inside the community. They respond to a combination of issues surrounding housing, physical & mental health, domestic violence, substance misuse, debt, unemployment, illiteracy, and social exclusion. www.thewellspring.co.uk



Walthew House provides practical and emotional support for people with sight or hearing loss. They support over 400 local people each week through a range of service for both adults and young people. www.walthewhouse.org.uk



Manchester & Cheshire Dogs Home – Finding forever homes, continuing to care and rehome unloved and unwanted dogs. www.dogshome.net



It is our mission to care for and rehome the cats and kittens that we take in, helping them find their forever homes. www.heatonscats.org.uk

SOME UK CHARITIES



Cancer Research - Working towards a world where everybody lives longer, better lives, free from the fear of cancer.

www.cancerresearchuk.org



Macmillan – their website says, ‘Because cancer can affect your life in so many ways, we do whatever it takes to give people the support they need’, including Macmillan nursing care. www.macmillan.org.uk

NSPCC – ‘Every childhood is worth fighting for’ www.nspcc.org.uk

RSPCA—exists to inspire everyone to create a better world for every animal. They change lives, laws, industries and minds so that all animals can live a better life. www.rspca.org.uk



- help the 700,000 autistic people in the UK and their families, running specialist schools, campaigning for improved rights or training companies on being more autism-friendly, they are dedicated to transforming lives and changing attitudes. www.autism.org.uk



Dementia UK - are the specialist dementia nursing charity that is here for the whole family. They provide free, life-changing support and advice to anyone affected by dementia. www.dementiauk.org



Parkinson's is a progressive neurological condition. This means that it causes problems in the brain and gets worse over time. Changing attitudes and finding a cure. www.parkinsons.org.uk



BHF is the biggest funder of research into heart and circulatory diseases in Europe. We help find cures and treatments to give people more time with loved ones. www.bhf.org.uk

These are just a few ideas - not an exhaustive list.

Search online there are hundreds of charities for you to choose from.